

## Continuing Medical Education Course Handout for

**2026 Virtual Combined Pain Care Skills & SUD Training (Interprofessional, CDE)(V)**

Wednesday, August 12, 2026 - Wednesday, August 12, 2026  
Virtual, Online, MD

*Provided By*  
NMLPDC

| Activity ID | Course Director    | CME Planner    |
|-------------|--------------------|----------------|
| 2026-0391   | Christopher Spevak | Carla Labuguen |

**Accreditation Statement**

The Naval Medical Leader & Professional Development Command (NMLPDC), Continuing Medical Education (CME) Department, Bethesda, Maryland is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for Physicians.

**Credit Designation**

The Naval Medical Leader & Professional Development Command designates this Live Activity for a maximum of *7 AMA PRA Category 1 Credit(s)*.<sup>TM</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Statement of Need/Gap Analysis**

**The purpose of this CME activity is to address the identified gap(s):**

1. Train learners on the current knowledge and research surrounding pain related topics; specifically in relation to nutrition, behavioral modalities, health for healthcare providers, self management for Pain, physical modalities, neuropathic pain, suicide prevention, regenerative medicine and anything that is supported within the biopsychosocial modal.

**Learning Objectives**

1. Learners will discuss and evaluate emerging research related to Pain Management including other alternative modalities.
2. Learners will describe specific ways to treat patients pain issues and the ways they differ from general population pain issues.
3. Learners will discuss the opioid epidemic as it applies to pain management treatments, addiction problems, and forms of pain management other than narcotics.
4. Learners will discuss emerging strategies to decrease the likelihood of opioid dependence for chronic pain issues and increase the overall functionality of patients.
5. Learners will discuss and demonstrate multimodal approaches to pain management employing a variety of techniques and treatments that military healthcare is dedicated to embedding into all MTFs.

**Target Audience**

The intended audience for this Pain Care Skills and Substance Use Disorder Training is focused toward PCMs, Residents and Fellows. However, it is also our goal to include educating PAs, Target Audience: Nurses, and social workers/case managers, pharmacist and specialty providers that deal with pain (PT, rehabilitation, neurologist, psychologist, dentist, etc). It is vital for all staff to be educated in pain management and pain management techniques.

**Disclosure of Faculty/Committee Member Relationships**

It is the policy of the NMLPDC that all CME planning committee/faculty/authors disclose all relationships with an ineligible company. Disclosure documents are reviewed for relevant financial relationships and, if identified, they are mitigated prior to confirmation of participation.

Faculty Members

|                     |                                                                              |
|---------------------|------------------------------------------------------------------------------|
| Beckham, Troy       | - No relevant financial relationship with an ineligible company to disclose. |
| Castaneto, Marisol  | - No relevant financial relationship with an ineligible company to disclose. |
| Clapp, Jamie        | - No relevant financial relationship with an ineligible company to disclose. |
| Conley, Christina   | - No relevant financial relationship with an ineligible company to disclose. |
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#### Committee Members

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#### **Acknowledgement of Commercial Support**

There is no commercial support associated with this educational activity.

**This is a required handout. It must be disseminated to each learner prior to the start of the activity.**

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Thirty-one days upon completion of this activity, log on to the CME Website at <https://education.mods.army.mil/navycme> to obtain a physician or other learner certificate. From the home page, click on the 'Members Portal/Certificates' portal then login. Complete the Activity Evaluation and Request for Credit Form and submit. For assistance, you may contact the CME Planner, Carla Labuguen, at [carla.b.labuguen.ctr@health.mil](mailto:carla.b.labuguen.ctr@health.mil) or 301-319-3622.