

NATIONAL CAPITAL  
REGION MARKET



16th Annual

**PAINCARE**  
SKILLS TRAINING



**Substance Use  
Disorder Symposium**

**11 August 2026**

**LIVE Virtual Keynote Lecture at 1200 ET  
Release of 6 Pre-recorded Plenary Sessions**

**12 August 2026**

**LIVE AM/PM Virtual Workshops via ZoomGov**

**18 & 19 August 2026**

**AM/PM In-Person Workshops\***

**National Union Building, 918 F St NW, Washington, DC 20004**

**(In-Person workshops are open to those in the National Capital Region and to those that can request funding from their MTF.**

**\*Attendee requirements apply)**

The target audience includes Primary Care teams, Behavioral Health, Pharmacy, Social Work, Specialty Care teams and staff who care for Active-Duty service members and beneficiaries. Safety and accessibility are our priorities therefore, due to the variety and location of attendees throughout the MHS this training will be partly virtual with interactive workshops via ZoomGov and a limited in person training within the NCR.

**CME/CNE & CEUs offered**

# **2026 Combined Pain Care Skills & Substance Use Disorder Training Agenda**

*(Live Keynote Lecture will be streamed via ZoomGov)*

**Tuesday, 11 August 2026 from 1200-1300 ET**

**Keynote Lecture: Dr. Anita Hickey Memorial Lecture**

**Intersection of Hyperalgesia and Hyperkatifeia as a Driving Force for Negative Reinforcement in Addiction**

*Dr. George Koob, PhD, Director of the National Institute on Alcohol Abuse and Alcoholism*

*Moderated by Dr. Christopher Spevak*

60-minute lecture with Q&A

**Tuesday, 11 August 2026 - Pre-recorded Plenary Sessions Released at 0730 ET**

**All 60-minute lectures**

**Dr. Richard Niemtow Memorial Lecture**

**Sleep in the Military: Spanning the Field to the Clinic**

*LTC Connie Thomas*

**Drug Interactions & Cardiovascular Complications in Pain Management**

*Dr. Abigail Brooks*

**Gas Station and Corner Store Drugs: What Clinicians Need to Know About Kratom, Tianeptine, and Other Emerging Substances**

*Dr. Arwen Podesta*

**Neuroplastic Recovery Therapies for Chronic Pain**

*Dr. Mark Lumley PhD*

**Transcranial Stimulation for Alcohol Use Disorders & Chronic Pain**

*Dr. Diana Martinez*

**Urine Drug Testing /Opioid Metabolic Pathways**

*Dr. Stephanie Weiss*