

2026 Combined Pain Care Skills & Substance Use Disorder Training Agenda

Physical Examination/Evaluation (Neck, Back & Lower Extremity)

Presented by: Lt Col Patrick Saas, MD; Maj James Romano, DO; Maj David Riegleman, MD

Offered: 19 August 2026; 0730-1130 AM ET

Location: National Union Building, Washington, DC

Description: This module will provide specific examination skills and tools to implement in your practice. We will discuss pain evaluation including targeted review of both relevant anatomy and pathology. We will review the evidence for and steps to correctly perform exam maneuvers with a significant emphasis on hands-on practice.

Learning Objectives: Upon completion of this workshop, participants will be able to:

1. Develop an efficient neuromuscular screening examination for the patient with spinal and lower extremity pain.
2. Gain understanding of indications for specific exam maneuvers and their limitations.
3. Improve hands on experience with provocative maneuvers that aid in the differentiation of specific pathologies seen in spinal and lower extremity pain.

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0730-0800 Review of Cervical Spine anatomy, pathology, and exam maneuvers

0800-0830 Hands on Practice (Cervical specific exam)

0830-0845 BREAK

0845-0915 Review of Lumbar Spine anatomy, pathology, and exam maneuvers

0915-0945 Hands on Practice (Lumbar specific exam)

0945-1000 BREAK

1000-1045 Review of hip and knee anatomy, pathology, and exams

1045-1130 Hands on Practice (hip and knee specific exam)