

2026 Combined Pain Care Skills & Substance Use Disorder Training Agenda

Medical Hypnosis

Presented by: Dr. Harold Wain

Offered: 18 August 2026; 1230-1630 PM ET

Location: National Union Building, Washington, DC

Description: The art and science of hypnosis and its biopsychosocial model along with its use and impact in medicine, surgery, and behavioral health will be underscored. Hypnotic techniques as an alternative or adjunct to anesthesia in surgery or pharmacology for pain will be emphasized. Videos will be used to further demonstrate and highlight its effectiveness and usefulness in patient care. Screening techniques to ascertain hypnotic capacity as well as some induction procedures will be described

Learning Objectives: Upon completion of this workshop, participants will be able to:

1. Participants will be able to understand the myths and misconceptions of hypnosis and its use as a clinical tool
2. Participants will be able to recognize the use of hypnotic intervention as a biopsychosocial instrument and its effectiveness in medicine, surgery, pain control and behavioral health.
3. Participants will be able to recognize the use of hypnotic techniques for intervention in surgery and pain
4. Participants will learn about some screening techniques to ascertain patient's level of hypnotizability as well as some inductions.

18 August 2026; 1230-1630 PM ET

1230–1315 Definition of Hypnosis, its history in Medicine and Understanding Hypnosis as a Biopsychosocial approach.

1315–1400 Recognizing the impact of hypnotic phenomena and its clinical utilization, Appreciating the myths and misconceptions regarding hypnosis as a clinical tool

1400–1445 Introduction to Hypnosis in Surgery, Medicine, and Behavioral Health.

1445–1500 ----- Break-----

1500–1600 Developing strategies and utilizing hypnotic phenomena with Pain, Surgical and Behavioral Health Patients

1600–1630 Case discussions and summary