

Continuing Medical Education Course Handout for

**2025 Enduring Material Combined Pain Skills & SUD Symposium Training (Interprofessional, CDE) \***

Tuesday, August 12, 2025 - Wednesday, August 11, 2027  
Bethesda, MD

*Provided By*  
NMLPDC

<b>Activity ID</b>	<b>Course Director</b>	<b>CME Planner</b>
2025-0442	Christopher Spevak	Amy . Osik

**Accreditation Statement**

The Naval Medical Leader & Professional Development Command (NMLPDC), Continuing Medical Education (CME) Department, Bethesda, Maryland is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for Physicians.

**Credit Designation**

The Naval Medical Leader & Professional Development Command designates this Enduring Material for a maximum of 9 *AMA PRA Category 1 Credit(s)*.<sup>TM</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Statement of Need/Gap Analysis**

**The purpose of this CME activity is to address the identified gap(s):**

1. Train learners on the current knowledge and research surrounding pain related topics; specifically in relation to nutrition, behavioral modalities, interventional, lifestyle/functional medicine, health for healthcare providers, physical modalities and anything that is supported within the biopsychosocial modality.
2. Train learners in a multimodal system that treats pain from all angles including alternative medicine, behavioral modalities, nutrition, brain/gut health, autoimmune and pain, and pain in women.

**Learning Objectives**

1. Develop a recovery-oriented treatment plan for people with substance use disorder and chronic pain
2. Learners identify implementation challenges and solutions for integrating AI tools into clinical pain management workflows
3. Learners will discuss a strategy for optimal therapeutic positioning that maintains clinical neutrality while preserving a strong therapeutic alliance with patients with substance use disorders.
4. Discuss the chronic management of benzodiazepine use disorder
5. Learners will discuss evidence for efficacy of cognitive functional therapy for people with chronic low back pain

and the process of developing competency

6. Learners will understand where drugs and neuromodulatory devices act in order to affect headache

### **Target Audience**

Target Audience: The intended audience for this Combined Pain Care Skills Training & Substance Use Disorder Symposium is focused toward PCMs, Residents and Fellows. However, it is also our goal to include educating PAs, Nurses, and social workers/case managers and specialty providers that deal with pain (PT, rehabilitation, neurologist, psychologist, LCSW, Addiction specialist, physical therapist, pharmacist, dentist, etc). It is vital for all staff to be educated in pain management and pain management techniques.

### **Disclosure of Faculty/Committee Member Relationships**

It is the policy of the NMLPDC that all CME planning committee/faculty/authors disclose all relationships with an ineligible company. Disclosure documents are reviewed for relevant financial relationships and, if identified, they are mitigated prior to confirmation of participation.

#### Faculty Members

Adams, Logan	- No relevant financial relationship with an ineligible company to disclose.
Adams, Meredith	- No relevant financial relationship with an ineligible company to disclose.
Busch, Gerald	- No relevant financial relationship with an ineligible company to disclose.
Jones, Christopher	- No relevant financial relationship with an ineligible company to disclose.
Kemp, Harriet	- No relevant financial relationship with an ineligible company to disclose.
Lembke, Anna	- No relevant financial relationship with an ineligible company to disclose.
Manhapra, Ajay	- No relevant financial relationship with an ineligible company to disclose.
O'sullivan, Peter	- No relevant financial relationship with an ineligible company to disclose.
Schindler, Emmanuelle	- No relevant financial relationship with an ineligible company to disclose.

#### Committee Members

Cole, Deuanta	- No relevant financial relationship with an ineligible company to disclose.
Douglas, William	- No relevant financial relationship with an ineligible company to disclose.
Johnson, Mary	- No relevant financial relationship with an ineligible company to disclose.
Labuguen, Carla	- No relevant financial relationship with an ineligible company to disclose.
Osik, Amy	- No relevant financial relationship with an ineligible company to disclose.
Spevak, Christopher	- No relevant financial relationship with an ineligible company to disclose.

### **Internet/Enduring Material**

Original Release Date:	8/12/2025
Expiration Date:	12/17/2027
Review Date:	
New Expiration Date:	
Estimated time to Complete this Educational Activity (hours):	9
Medium or Combination of Media Used:	Internet, Audio

### **Acknowledgement of Commercial Support**

There is no commercial support associated with this educational activity.

**This is a required handout. It must be disseminated to each learner prior to the start of the activity.**

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Thirty-one days upon completion of this activity, log on to the CME Website at <https://education.mods.army.mil/navycme> to obtain a physician or other learner certificate. From the home page, click on the 'Members Portal/Certificates' portal then login. Complete the Activity Evaluation and Request for Credit Form and submit. For assistance, you may contact the CME Planner, Amy Osik, at [amy.j.osik.ctr@health.mil](mailto:amy.j.osik.ctr@health.mil) or 3012954455171.