

# **2025 Pain Care Skills Training (PCST) & Substance Use Disorder (SUD) Combined Agenda**

## **DoD Workplace Drug Testing and Medical Review Officer Workshop**

**Presented By: Marisol S. Castaneto, PhD, F-ABFT, LTC(P), MS, USA**

**Offered: 20 August 2025, 0730–1130 AM ET**

**Location: Partnership for Public Service, 6th Floor – Room 605**

**Course Description:** This session will provide an overview of the Department of Defense (DoD) workplace drug testing program that is utilized to deter Service members from illicit substance use and prescription misuse across branches of service (including US Coast Guards and cadets). During the workshop, the presenter will dive into the policies and programming, testing strategies, analytical methodologies, drug pharmacology, the Army Medical Review Program/Medical Review Officer (MRO) training, and how all these supports the Army Substance Use Disorder Clinical Care and other similar programs across DoD. The workshop will culminate with the presenter providing several case studies or scenarios that MROs may encounter when reviewing urine drug positives. Audience participation is highly encouraged.

### **Learning Objectives:**

1. Recognize the role of the DoD workplace drug testing in preventing and identifying illicit use or misuse of controlled substances.
2. Investigate the plausible sources of positive urinalysis in the absence of prescription history or documentation.
3. Identify the correct drug analytes in urine associated with prescription medications and recreational drugs.

### **20 August 0730–1130 AM ET**

0730–0830	History of Drug Testing in the Military Policies, Programming, and Testing Strategies Laboratory Operations
0830–0930	Drug Testing Methodologies Drug Pharmacology (Part I)
0930-0945	----- BREAK-----
0945–1030	Drug Pharmacology (Part II) Army Medical Review Program Roles of Army Medical Review Officers
1030–1045	Check on Learning – Group ‘Jeopardy’
1045–1115	Case Studies/Scenarios – MROs Practical Exercise
1115–1130	Q & A, Discussion and Wrap-Up