

2025 Pain Care Skills Training (PCST) & Substance Use Disorder (SUD) Combined Agenda

Medical Hypnosis

Presented by: Dr. Harold Wain

Offered: 19 August 2025, 0730–1130 AM ET

Location: Partnership for Public Service, 6th Floor – Room 605

Course Description: The art and science of hypnosis and its biopsychosocial model along with its use and impact in medicine, surgery, and behavioral health will be underscored. Hypnotic techniques as an alternative or adjunct to anesthesia in surgery or pharmacology for pain will be emphasized. Videos will be used to further demonstrate and highlight its effectiveness and usefulness in patient care. Screening techniques to ascertain hypnotic capacity as well as some induction procedures will be described.

Learning Objectives:

1. Participants will be able to understand the myths and misconceptions of hypnosis and its use as a clinical tool.
2. Participants will be able to recognize the use of hypnotic intervention as a biopsychosocial instrument and its effectiveness in medicine, surgery, pain control and behavioral health.
3. Participants will be able to recognize the use of hypnotic techniques for intervention in surgery and pain.
4. Participants will learn about some screening techniques to ascertain patient's level of hypnotizability as well as some inductions.

19 August 0730–1130 AM ET

0730–0815	Definition of Hypnosis, its History in Medicine and Understanding Hypnosis as a Biopsychosocial Approach
0815–0900	Recognizing the Impact of Hypnotic Phenomena and its Clinical Utilization, Appreciating the Myths and Misconceptions Regarding Hypnosis as a Clinical Tool
0900–0945	Introduction to Hypnosis in Surgery, Medicine, and Behavioral Health
0945–1000	----- BREAK-----
1000–1100	Developing Strategies and Utilizing Hypnotic Phenomena with Pain, Surgical and Behavioral Health Patients
1100–1130	Case Discussions and Summary