

2025 Pain Care Skills Training (PCST) & Substance Use Disorder (SUD) Combined Agenda

Opioid Reduction in Pain Management: the UK Perspective

Presented by: Sarah Lewis, MSc, NMP, MStJ

Offered: 13 August 2025, 0830–1130 AM ET

Location: ZoomGov

Course Description: This session will outline the needs of acute and persistent patients reducing opioids. The UK perspective will provide a specific approach for working with these patients. Presenters will offer research-based evidence to guide individual clinical practice for these patients and simultaneously encourage systems-based strategies to enhance care for this population. Interactive case discussions and reflective exercises will invite attendees to apply the content to real-world scenarios. Attendees will learn practical strategies to implement in their day-to-day practice.

Learning Objectives:

1. UK perspectives on opioid use within acute, transitional, rehab and persistent pain.
2. Identification and assessment of patients with problematic and non-problematic opioid use.
3. Models of opioid reduction in practice identified.
4. Identification and utilisation of patient engagement strategies.
5. How to apply strategies for opioid reduction/ optimisation.
6. When Plan A fails at first contact – how to still achieve opioid reduction.

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| 0830–0850 | UK perspectives on opioid use with acute, transitional, rehab and persistent pain |
| 0850–0915 | Identification and assessment of patients with problematic and non-problematic opioid use |
| 0915–0945 | Discussion on the use of models in the US and UK – is there a difference? |
| 0945–1000 | ----- BREAK ----- |
| 1000–1030 | Strategies in opioid reduction |
| 1030–1115 | Clinical Cases and trouble shooting |
| 1115–1130 | Q & A, Discussion and Wrap-Up |