

## Continuing Medical Education Brochure for

**2024 Enduring Materials SUD Symposium WRNMMC (Interprofessional, CDE)\***

Wednesday, September 11, 2024 - Wednesday, December 31, 2025  
Bethesda, MD

*Provided By*  
NMLPDC

<b>Activity ID</b>	<b>Course Director</b>	<b>CME Planner</b>
2024-0403	Christopher Spevak	Christopher J. Spevak, MD

**Accreditation Statement**

The Naval Medical Leader & Professional Development Command (NMLPDC), Continuing Medical Education (CME) Department, Bethesda, Maryland is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for Physicians.

**Credit Designation**

The Naval Medical Leader & Professional Development Command designates this Enduring Material for a maximum of 4 *AMA PRA Category 1 Credit(s)*.<sup>TM</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Statement of Need/Gap Analysis**

**The purpose of this CME activity is to address the identified gap(s):**

1. There is lack of knowledge and competence in SUD treatment practice; SUD is not incorporated in office-based treatment of substance use disorders and so is underutilized across the Military Healthcare System MHS. Statistical data with MHA / DHA shows 95% of physicians have little or no familiarity with Buprenorphine as treatment for chronic pain and addiction.

**Learning Objectives**

- Attendees will be knowledgeable on the analyses that are performed as part of standard and expanded toxicology panels at AFMES DFT
- Attendees will be familiar with the mission of the Armed Forces Medical Examiner Division of Forensic Toxicology (AFMES DFT)
- Attendees will identify common "Red Flags" and general controlled substance concerns for prescribers and dispensers.
- Attendees will recall the observed most commonly diverted opioid prescription medications.
- Attendees will increase their knowledge about the You Can Quit 2 counter marketing campaign effort to support service members and health professionals with resources to help service members to quit tobacco and stay quit.
- Attendees will increase their knowledge about the Too Much To Lose counter marketing campaign effort to support service members and health professional with resources to understand the facts and risks related to prescription drug misuse and illicit and prohibited drug use that can impact their health, career, and overall wellness.

**Target Audience**

Target Audience: This course is intended for physicians (primary, psychiatry, psychologist, pain management, LCSW, counselors and other specialties) who are interested in pharmacotherapy or other modalities for substance use that can be undertaken in office-based settings.

**Policy on Disclosure**

As a provider accredited by the ACCME, it is the policy of the NMLPDC to require the disclosure of the existence of any relevant financial interest or any other relationship a faculty member or a spouse has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation. Detailed disclosure will be made in the course syllabus/course handouts.

**\*\* The NMLPDC supports the Americans with Disabilities Act. Please contact the Course Administrator for any special request. \*\***

### **Acknowledgement of Commercial Support**

There is no commercial support associated with this educational activity.

### **Agenda/Presenter**

Length	Topic	Presenter
60 minutes	Drug Testing in the Military	Erin L. Karschner
60 minutes	Common Brain Network Linked to Addiction Across Multiple Substances: What This Means for the Future	Michael Fox, MD
60 minutes	Own Your Limits, YouCanQuit2, and the Too Much to Lose Campaigns	MAJ VIRGIL . RIVERA Kate Geusic Corey Fitzgerald
60 minutes	Red Flags and Beyond (Covering commonly misused/abused/diverted prescription medications, controlled	Mark Garofoli,, PhamD

### **Area of Expertise**

Presenter	Area of Expertise
Michael Fox, MD	Dr. Fox is a professor neurology at BWH / Harvard Medical School <sup>2</sup> . He is Assistant in Neuroscience Neurology Department at Massachusetts General Hospital, Neurologist at Brigham and Women's Hospital. He is also part of Raymond D. Adams Distinguished Chair in Neurology and Steven and Judy Kaye Director of Brain Stimulation Psychiatry at Brigham and Women's Hospital.
MAJ VIRGIL . RIVERA	LT Col Rivera is the Deputy for the Health, Education, and Application Division Health Promotion and Wellness Directorate, Defense Centers for Public Health. He Oversees the center's applied behavioral health projects and leads as the center's only Army social work officer. Leads projects and Department of Defense level strategic objectives for the center and across a joint environment with efforts that include identification of policy gaps. Utilizes ecological and systems perspectives to aid i
Kate Geusic	Miss Geusic is a strategic planning and strategic communications professional with over 13 years of consulting experience for the U.S. government. She is currently serving as the project manager for the Defense Centers for Public Health – Portsmouth Health Promotion and Warfighter Wellness Department. Providing oversight for all contract supported tasks within the department. Serving as the liaison between the department head and the contract team, she ensures the goals and initiatives set fort
Corey . Fitzgerald	Corey Fitzgerald is a Licensed Independent Social Worker-Supervisor and Master Addictions Counselor. He has over 15 years experience as an Army substance abuse clinical director. Corey is the APHC Addictive Substances Misuse Advisory Committee-Tobacco Lead.
Erin L. Karschner	Dr. Erin L. Karschner is a board-certified Forensic Toxicologist at the Armed Forces Medical Examiner System (AFMES) Division of Forensic Toxicology (DFT). The DFT supports the AFMES as the only federal medical examiner's office in the U.S. and performs all investigative drug testing for the U.S. military and its installations worldwide. As part of her duties, she serves as a laboratory certifying official, expert witness, and subject matter expert.
Mark Garofoli,, PhamD	Dr. Mark Garofoli is a Clinical Assistant Professor at West Virginia University School of Pharmacy. He aim to To make an impact by educating healthcare professionals and the lay public alike on pharmacy practice, pain management, substance-use disorder (addiction), substances of abuse, drug diversion, geriatric care, managed care, medication therapy management, and pharmacy practice while leading efforts such as direct patient care, consulting, academic education, continuing education developme

You may register for this activity at <https://education.mods.army.mil/navycme>. Click on 'Activity Registration' from the menu on the left. For assistance, you may contact the CME Planner, Christopher Spevak, at [christopher.j.spevak.civ@health.mil](mailto:christopher.j.spevak.civ@health.mil) or 2024894249.