2024 Hybrid Pain Care Skills Training
Enduring CME Plenary Session
Pain Reprocessing Theory –
Dr. Yoni Ashar

RETURN THIS COMPLETED FORM AS SOON AS POSSIBLE.

*** THIS QUESTIONAIRE/SIGN-IN SHEET SERVES AS YOUR CONFIRMATION FOR ATTENDANCE FOR THIS ACTIVITY. HOWEVER, YOU MUST STILL REGISTER ON THE ARMY/NAVYCME WEBSITE. IF YOU DO NOT HAVE A PROFILE ON THE ARMY/NAVY CME WEBSITE ONE MUST BE CREATED. YOU MUST COMPLETE ALL FIELDS BELOW.**

Email the completed form to DHA NSA Bethesda WRNMMC Mailbox Pain Skills Training and cc Troy Spencer as soon as possible.

dha.bethesda.wrnmmc.mbx.pain-skills-training@health.mil **&** troy.j.spencer.ctr@health.mil

CME Credits can be obtained until December 12, 2025.

1. How long does it take for a herniated disc to heal on its own on average?

2. In brain imagery, acute and chronic pain affect the same regions in the brain. (True or False)

3. What are 4 of the 8 positive indicators of primary pain?

FULL NAME (LAST, FNAME, MI)	LAST 4 OF SSN	BIRTH MONTH	BIRTH DAY	RANK	SERVICE	CORPS	SPECIALTY	PHONE #	COMMAND AND EMAIL ADDRESS
Ex. MILES, JANE U	1234	MAR	10	COL	ARMY	MEDICAL	INT MED	703-681-5037	WALTER REED AMC JANE.MILES@US.ARMY.MIL