

2024 Pain Care Skills Training
Building Empathy in Healthcare Teams
Presented by: Dr. Jennifer Cheng, Dr. Nicole Cornish,
LCDR Jennifer Jabara, DNP & Dr. Karen Baker
Offered: 20 AUGUST 2024 AM 0730-1030
Location: NIH Natcher Building, Room D

Description: Empathy has been defined as “the ability to sense, feel, and understand another’s emotions.” Though it was previously thought that empathy was an inborn trait, it is now believed that this competency can be taught and enhanced through training interventions. Empathy has been associated with superior patient adherence to therapies and patient satisfaction in pain consultation. The empathy workshop will provide experiential opportunities to enhance clinician emotional engagement and empathic concern in clinical encounters through the power of the patient story.

Learning Objectives:

1. Discuss what is known about empathy in practitioner-patient relationship.
2. Describe the use of video or virtual simulation to enhance and cultivate professional empathic concern.
3. Experience a patient encounter through a first-person perspective to enhance emotional engagement in clinical encounters.
4. Enhance ability to perceive the emotions of others, resonate with them emotionally and cognitively, take in the perspective of others, and to distinguish between our own and other's emotions.

20 August 2024 AM In-Person

0730-0800 Gather and Introductions

0800-0815 Discuss Empathy in practitioner-patient relationship and role of simulation.

0815-0900 Video immersion experience

900-0915 ----- BREAK-----

0915-1015 Reflections and discussion

1015-1030 Closing