

2024 Pain Care Skills Training

A Pain in the Pelvis: A Guide for Providers

Presented by: Katherine Miles PT, DPT, Board-Certified Clinical Specialist in Women's Health Physical Therapy

Offered: 14 AUGUST 2024 from 0830-1130 EDT

Location: ZoomGov

Course Description: This live course provides clinically relevant information and training for the screening, assessment, and management of patients with pelvic pain. Didactic portions developed to include anatomy, physiology, and neurological components as well as clinical vignettes regarding the diagnosis and treatment of musculoskeletal pelvic pain through a biopsychosocial perspective.

Learning Objectives:

- 1) Describe the anatomic, physiological, and neurological components of the diagnosis and management of musculoskeletal pelvic pain through a biopsychosocial perspective.
- 2) Identify psychosocial factors that affect a patient's experience of pelvic pain and dysfunction.
- 3) Develop a professional "toolkit" for your personal practice to facilitate assessment and treatments for patients with pelvic pain.

14AUG2024 Morning Session 0830-1130 EDT

0830-1000 Anatomy Review: Nerves, Muscles, & Bones – Oh my!
 Acute v. Chronic Pelvic Pain
 Biopsychosocial Considerations
 Clinical Vignettes

1000-1010 ----- BREAK-----

1010-1130 Clinical Application
 Assessment and Treatment Considerations
 Building a Professional "Toolkit"