

2024 Pain Care Skills Training

Title: Pain Essentials in the Primary Care Setting

Things I wish I had known when I practiced Family Medicine

Presented by: CDR Sean Simmons

Offered: 15 AUG AM 0830-1030 EST

Location: ZoomGov

Course Description:

Participants will learn strategies from the Pain Medicine specialty to evaluate and treat chronic pain patients that they can then use in their primary care practice.

Objectives:

1. Participants will define and categorize types of pain
 - a. Discuss why this categorization is important
2. Participants will discuss the importance of a comprehensive occupational health history in diagnosing and treating chronic pain
 - a. Explain why this is particularly important for our Active Duty population
3. Participants will interpret standard imaging studies and understand their clinical correlation and significance in the chronic pain setting
4. Participants will identify and discuss effective medication management tools for chronic pain
 - a. Explain the appropriate use of opioids-selection, dosing, tapering
5. Participants will explain effective referral patterns for chronic pain patients
 - a. Describe and discuss the Pain Medicine specialty
 - b. Identify when surgery should be consulted
6. Participants will demonstrate their understanding of the previous objectives by evaluating and developing treatment plans for chronic pain patients

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0830-0845: Introductory framework: My decision to pursue the pain medicine specialty and what insight I have gained regarding the practice of primary care medicine since becoming a pain medicine specialist. Discussion Overview.

0845-0930: Discussion of Objectives 1 through 3

0930-0940: **BREAK**

0940-1000: Discussion of Objective 4 and 5

1000-1015: Case Studies

1015-1030: Closing thoughts and resources