

**2024 Pain Care Skills Training**  
**When Treatment As Usual Doesn't Fit the Bill:**  
**Optimizing Pain Care for Women**

**Presented by: Mary Driscoll, PhD**  
**Offered: 15 AUGUST AM 830-1130 ET**  
**Location: ZoomGov**

**Course Description:** Using a series of clinical vignettes, breakouts, large group discussion and didactic instruction this session will a) highlight the unique needs and barriers to optimal pain care encountered by women, b) offer practical strategies to enhance care for this population and c) invite attendees to practice applying this new knowledge via interactive case discussions. Attendees will also be encouraged to reflect on their own practices and to identify practices they can implement readily in their day to day practice. [The afternoon Chronic Pain and PTSD session offers some advanced practice knowledge that may be useful with this population, as well].

**Learning Objectives:**

- 1) Develop Awareness of Disparities, Barriers/Biases that Hinder Optimal Pain Care in Women
- 2) Increase Knowledge of Painful Conditions and Treatment Considerations for Women Across the Lifespan
- 3) Learn Practical Strategies to Optimize the Care for Women with Pain

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0830-0845 Case Examples: Common Referrals/Challenges Encountered in Women

0845-0905 Case Based Breakout Session 1: Impressions, Concerns, Initial Thoughts on Treatment (& Large Group Report Out)

0905-0930 Barriers to Optimal Pain Care Among Women

0930-955 Case Based Breakout Session 2: Identifying Barriers, Anticipating Challenges (How does awareness of barriers influence conceptualization and individual treatment planning)? (Report Out)

0955-1010 -----BREAK-----

1010-1035 Practical Strategies for Addressing Pain in Women

1035-1105 Case Based Breakout Session 3: Collaborate as a team to design an individualized care plan that addresses identified barriers/challenges (Report Out)

1105-1115 Goal Setting

1115-1130 Resources, Reflections, Questions & Concluding Thoughts