

# 2024 Pain Care Skills Training

## Japanese Meridian Therapy Approach to Pain Management

Presented by: Tom Ingegno, DACM, MSOM, LAc

Offered: 14 AUGUST AM 0830-1130 EDT

Location: ZoomGov

**Course Description:** This course will provide an overview of Japanese-style palpation-based acupuncture for pain management. It will focus on palpating distal and local acupuncture points to relieve pain for common conditions.

### **Learning Objectives:**

1. Understand why practitioners should not rush to the painful areas.
2. Identify active points through palpatory assessment through both primary pathways and tendinomuscular channels
3. Discuss commonly injured areas and corresponding active points both distally and locally.

### **14 August AM 0830-1130 EST**

0830-0900 Introduction to Japanese Meridian Therapy

0900-0930 "Don't Spank a Crying Baby"- a distal approach

0930-0945 ----- BREAK-----

0945-1015 Local treatment of Ashi Points after Distal Needling

1015-1115 Treatment Flow for various conditions

1115-1130 Questions and Discussions