

# 2024 Pain Care Skills Training

## Chronic Pain & PTSD

**Presented by: Katie Hadlandmsyth, PhD, Mary Driscoll, PhD, Nicole Johnson, PhD**

**Offered: 14 AUGUST 1300 – 1500 EDT**

**Location: ZoomGov**

**Course Description:** This session will outline the needs of a highly complex subset of patients, those with comorbid chronic pain and PTSD, and provide a specific approach for working with these patients. Presenters will offer research-based evidence to guide individual clinical practice for these high-risk patients and simultaneously encourage systems-based strategies to enhance care for this population. Interactive case discussions and reflective exercises will invite attendees to apply the content to real-world scenarios. Attendees will learn practical strategies to implement in their day-to-day practice.

### **Learning Objectives:**

1. Describe the unique needs and preferences of patients with chronic pain and PTSD.
2. Identify approaches to providing optimal trauma-informed pain care from the perspective of the patient-provider relationship.
3. Apply principles of an innovative trauma-informed framework for patient-centered care within a systems framework for patients with chronic pain and PTSD.

### **14 August 1300-1500 EST**

1300-1315 Models of Chronic Pain and PTSD

1315-1330 Patient-Provider Relationships

1330-1350 Trauma-Informed Care

1350-1405 ----- BREAK-----

1405-1420 Breakout Session I: Applying Trauma-Informed Pain Care in Everyday Practice: Case Discussions

1420-1430 Full Group Reflections

1430-1445 Breakout Session II: Applying Trauma-Informed Care at the Systems Level

1445-1500 Full Group Discussion, Questions, Wrap-Up