## 2024 Pain Care Skills Training (Virtual) Title: Headaches: Evaluation & Treatment Planning Presented by: Dr. Mitchell Elkiss Offered: 14 August 2024 PM 1300-1600 ET Location: ZoomGov

## Course Description:

This session includes a review of primary headache epidemiology and pathophysiology. Participants will develop a recognition for red-flag symptoms. In addition, they will learn how to create a personal pain management plan for patient's suffering primary headaches. They will improve their clinical decision-making and gain a deeper understanding of evidence-based pharmacologic and non-pharmacologic treatment options.

## **Objectives:**

- 1. Be able to identify the Red Flag symptoms of headaches
- 2. Be able to explain the difference between migraine and tension-type headaches
- 3. Be able to create a personalized plan for a headache sufferer

## 14 AUG 2024 1300-1600 (3 hours)

1300-1315 Introduction
1315-1400 The Science of Headaches
1400-1415 Q&A
1415-1430 ------ BREAK-----1430-1515 Pain Management Techniques
1515-1545 Personalized Pain Management Planning
1545-1600 Recap and Q&A